



# Community Action Council



February 2024



*Agile Arctic Combat Support*





# *Certificate of Appreciation*

**Ms. Morgan Spencer**

Judge Advocate Office

*Thank you for your commitment and dedication to the JBER customer service program. Your outstanding performance serving the 673d ABW Legal Assistance Office Customers distinguished you from your peers and resulted in your recognition as an **ICE** exceptional service provider. Your delivery of customer service excellence demonstrates support of the mission and reflects well on yourself, the 673 ABW, Joint Base Elmendorf-Richardson, and the United States Armed Forces.*



**February 2024**



# *Certificate of Appreciation*

**Mr. Charlie Criss**

Judge Advocate Office

*Thank you for your commitment and dedication to the JBER customer service program. Your outstanding performance serving the 673d ABW Legal Assistance Office Customers distinguished you from your peers and resulted in your recognition as an **ICE** exceptional service provider. Your delivery of customer service excellence demonstrates support of the mission and reflects well on yourself, the 673 ABW, Joint Base Elmendorf-Richardson, and the United States Armed Forces.*



**February 2024**

February 2024

SUN	MON	TUES	WED	THU	FRI	SAT
				1	2	3
				CAC		
4	5	6	7	8	9	10
	Joint Newcomers				Chief Recognition Ceremony	
11	12	13	14	15	16	17
	Joint Newcomers			673 ABW Readiness Day	11 ABN DIV DONSA	
					PACAF Family Day	
18	19	20	21	22	23	24
	President's Day			JBER Annual Awards	ASD No School	
	ASD No School			Fur Rondy 22 Feb - 3 March		
25	26	27	28	29		
Fur Rondy 22 Feb - 3 March						

March 2024

SUN	MON	TUES	WED	THU	FRI	SAT
					1	2
					Fur Rondy 22 Feb - 3 March	
3	4	5	6	7	8	9
Fur Rondy 22 Feb - 3 March	Joint Newcomers			CAC	Matsu Spring break No school 8 - 18 March	
10	11	12	13	14	15	16
	Joint Newcomers					
Daylight Savings Spring Ahead	Matsu & ASD Spring break No school 11-15 March					
17	18	19	20	21	22	23
	Joint Newcomers					
	Matsu Spring break No school 8 - 18 March					
24	25	26	27	28	29	30
	Joint Newcomers				11 ABN DIV DONSA	
					PACAF Family Day	
31	Exercise PF 24-5 25 Mar-6 Apr					

April 2024

SUN	MON	TUES	WED	THU	FRI	SAT
	1	2	3	4	5	6
	11 ABN DIV DONSA					
	PACAF Family Day			CAC		
7	8	9	10	11	12	13
	Joint Newcomers					
Agile Reaper 3 <sup>rd</sup> WG/673 ABW Exercise 7-22 April 24						
14	15	16	17	18	19	20
	Joint Newcomers					
21	22	23	24	25	26	27
	Joint Newcomers					
28	29	30				
	Joint Newcomers					



# Community Action Council



## 673 ABW Integrated Resilience Office (IRO)

(907) 552-3764



*Agile Arctic Combat Support*







# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 1 Feb

## February 2024

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

Date	Time	Location	Event	Contact Number
1 Feb	0930-1030	Bldg 7 (Lecture Hall)	Community Action Council (CAC)	552-3642
1 Feb	0800-1600	9426 Luke Ave	DAD's 101 - Register by calling 580-5858	580-5858
2 Feb	0800	AWEC	African American/Black History Month: Opening Ceremony/Breakfast	552-1642
7 Feb	1200-1330	Virtual via Zoom	LinkedIn 101 Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
8 Feb	1000-1130	AWEC	Community Action Board (CAB)	552-0644
9 Feb	1100	Warrior Zone	African American/Black History Month: Culture Show	552-1642
9 Feb	1700-1900	USO Center (7076 Chennault Ave)	Hearts Apart: Family Games & Dinner Night Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
13 Feb	1000-1100	Bldg 600, Rm A137	\$ talk TUESDAYS - Basic Budgeting: Emphasis on COLA Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
13 Feb	1600-1700	Kennecott YC	JBER BOUNCE: Check Your Playbook	552-3764
13 Feb	1700	Heritage Chapel	Shrove Tuesday Pancake Dinner (Protestant)	552-5762
13 Feb	1700	Arctic Warrior Chapel	Mardi Gras Pancake Dinner (Catholic)	552-5762
14 Feb	0630 & 1830	JBER Hospital Chapel	Ash Wednesday (Protestant)	552-5762
14 Feb	1130	Heritage Chapel	Ash Wednesday (Protestant)	552-5762
14 Feb	1145 & 1700	Arctic Warrior Chapel	Ash Wednesday (Catholic Mass)	552-5762
14 Feb	1200-1330	Virtual via Zoom	Navigating USAJOBS Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
14 Feb	1530	Arctic Warrior Chapel	Ash Wednesday (Protestant)	552-5762
15 Feb	1500	Bldg 7, Rm 200 (Army Ed Center)	African American/Black History Month: Leadership & Equity Panel	552-1642



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**Agile Arctic Combat Support**







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Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 1 Feb

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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

Date	Time	Location	Event	Contact Number
16 Feb	All Day	N/A	PACAF Family Day/11 ABN DIV DONSA	N/A
19 Feb	All Day	N/A	Presidents' Day	N/A
20 Feb	1000-1130	Bldg 10471, Rm 126	Community Action Team (CAT)	552-0644
21 Feb	1200-1300	Virtual via Zoom	Intro to Building a Resume Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
22 Feb	1500	Bldg 4109, Rm 208 (Air Force Ed Center)	African American/Black History Month: Inclusion Amongst the Ranks Panel	552-1642
27 Feb	1600-1700	Two Rivers YC	JBER BOUNCE: Check Your Playbook	552-3764
28 Feb	0900-1000	Virtual via Zoom	PCS Alaska Workshop Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517





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# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 1 Feb

## March 2024

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Date	Time	Location	Event	Contact Number
7 Mar	0800-1600	9426 Luke Ave	DAD's 101 - Register by calling 580-5858	580-5858
7 Mar	0930-1030	Bldg 7 (Lecture Hall)	Community Action Council (CAC)	552-3642
8 Mar	1700-1900	USO Center (7076 Chennault Ave)	Hearts Apart: Family Games & Dinner Night Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
10 Mar	Daily	Arctic Warrior Chapel	Ramadan Begins; observed daily through 9 Apr (Muslim)	552-5762
12 Mar	0930-1030	Bldg 600, Rm A137	\$ talk TUESDAYS - Welcoming a New Child in the Army Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
12 Mar	1600-1700	Kennecott YC	JBER BOUNCE: Body Image & Self-Concept	552-3764
13 Mar	1200-1330	Virtual via Zoom	Navigating USAJOBS Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
19 Mar	1000-1130	Bldg 10471, Rm 126	Community Action Team (CAT)	552-0644
20 Mar	1200-1330	Virtual via Zoom	Nail Your Next Interview Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
23-24 Mar		Contact Jewish Lay Leader	Purim (Jewish)	552-5762
26 Mar	1600-1700	Two Rivers YC	JBER BOUNCE: Body Image & Self-Concept	552-3764
27 Mar	0900-1000	Virtual via Zoom	PCS Alaska Workshop Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
28 Mar	1700	Arctic Warrior Chapel	Holy/Maundy Thursday Mass (Catholic)	552-5762
29 Mar	1500	Arctic Warrior Chapel	Good Friday Service (Protestant)	552-5762
29 Mar	1700	Arctic Warrior Chapel	Good Friday Mass (Catholic)	552-5762
29 Mar	All Day	N/A	PACAF Family Day/11 ABN DIV DONSA	N/A
30 Mar	2000	Arctic Warrior Chapel	Easter Vigil Mass (Catholic)	552-5762

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Connect



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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Date	Time	Location	Event	Contact Number
30 Mar	2000	Arctic Warrior Chapel	Easter Vigil Mass (Catholic)	552-5762
31 Mar	0730	Otter Lake Lodge	Easter Sunrise Service (Protestant)	552-5762
31 Mar	0900	Arctic Warrior Chapel	Easter Mass w/Egg Hunt Following (Catholic)	552-5762
31 Mar	1100	Heritage Chapel	Traditional Service (Protestant)	552-5762
31 Mar	1100	Arctic Warrior Chapel	Contemporary Service (Protestant)	552-5762





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# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 1 Feb

## April 2024

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Date	Time	Location	Event	Contact Number
1 Apr	All Day	N/A	PACAF Family Day/11 ABN DIV DONSA	N/A
4 Apr	0800-1600	9426 Luke Ave	DAD's 101 - Register by calling 580-5858	580-5858
4 Apr	0930-1030	Bldg 7 (Lecture Hall)	Community Action Council (CAC)	552-3642
9 Apr	1600-1700	Kennecott YC	JBER BOUNCE: Mindfulness	552-3764
10 Apr	0800	Arctic Warrior Chapel	Salaat al-Eid (Muslim)	552-5762
10 Apr	0900-1200	People Center (Bldg 8517, Rm 110)	Bundles for Babies Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
10 Apr	1200-1330	Virtual via Zoom	LinkedIn 101 Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
12 Apr	1700-1900	USO Center (7076 Chennault Ave)	Hearts Apart: Family Games & Dinner Night Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
16 Apr	0930-1030	Bldg 600, Rm A137	\$ talk TUESDAYS - Vesting in the Thrift Savings Plan (TSP) Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
16 Apr	1000-1130	Bldg 10471, Rm 126	Community Action Team (CAT)	552-0644
17 Apr	1200-1330	Virtual via Zoom	Navigating USAJOBS Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
22-30 Apr	Daily	Contact Jewish Lay Leader	Passover/Pesach (Jewish)	552-5762
23 Apr	1600-1700	Two Rivers YC	JBER BOUNCE: Mindfulness	552-3764
24 Apr	0900-1000	Virtual via Zoom	PCS Alaska Workshop Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
24 Apr	1200-1300	Virtual via Zoom	Intro to Building a Resume Register at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
26 Apr	All Day	N/A	PACAF Family Day	N/A

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## April 2024

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	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Date	Time	Location	Event	Contact Number
27 Apr	1300-1600	Midnight Sun Chapel	Sigrblot Feast (JBER Alliance of Military Heathens)	552-5764





# Community Action Council



## Installation Support



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# Community Action Council



## 773 FSS/FSK JBER Life!

Nicholas Holland  
552-5900



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# February Events



## Big Upcoming February 2024 FSS Events

EVENT	DATE	TIME	LOCATION
Thirsty Thursdays	Every Thursday	4 – 6 PM	PermaFrost Pub
Blind Date with a Book	1 – 29 Feb		JBER Library
Culture Corner	Fri 2 Feb	6 PM	Warrior Zone
Pro Blitz 2024	Fri 9 Feb	11:30 AM – 6 PM	The Exchange & Kennecott Youth Center
Open Mic Night	Fri 9 Feb	6 PM – 9 PM	Warrior Zone
Karaoke Night	Fri 9 Feb	8 PM – 12 AM	Warrior Zone
Wine & Chocolate Tasting	Fri 9 Feb	6 PM	Arctic Warrior Events Center
Lover's Lane Date Night	Sat 10 Feb	6 – 8 PM	Polar Bowl
Valentine's Day Couples' Shoot	Sat 10 Feb	1 PM	Skeet, Trap & Archery Range
JBER's Got Talent Auditions	Sat 10 Feb	10 AM – 3 PM	Talkeetna Theater
Heroes vs. Villains	Sun 18 Feb	2 – 4 PM & 4 – 6 PM	Hillberg Ski Area
Whiskey Tasting	Fri 23 Feb	6 PM	Warrior Zone
JBER's Got Talent	Sat 24 Feb	4 PM	Talkeetna Theater



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# March Events



## Big Upcoming March 2024 FSS Events

EVENT	DATE	TIME	LOCATION
Thirsty Thursdays	Every Thursday	4 – 6 PM	PermaFrost Pub
Cross Country Ski Lessons	Fri 1 Mar	12 PM	Outdoor Adventure Program
Fat Tire Bike Ride	Thurs 7 Mar	5 – 9 PM	Outdoor Adventure Program
Karaoke Night	Fri 8 Mar	8 PM – 12 AM	Warrior Zone
Trivia Night	Fri 8 Mar	6 PM	Warrior Zone
Craft & Vendor Fair	Sat 9 Mar	10 AM – 4 PM	Arctic Oasis
Willow Snowmachine Ride	Sat 9 Mar	7:30 AM – 5 PM	Outdoor Adventure Program
St. Patrick's Day Party	Fri 15 Mar	8 PM	Warrior Zone
Women in the Wilderness: Snowmachine Ride	Sat 16 Mar	7:30 AM – 5 PM	Outdoor Adventure Program
Single Service Members: Snowmachine Ride	Sat 23 Mar	7:30 AM – 5 PM	Outdoor Adventure Program
Eggcellent Adventure	Sat 30 Mar	10 AM, 11 AM, 12 PM, 1 PM, 2 PM, 3 PM	Arctic Oasis



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# April Events



## Big Upcoming April 2024 FSS Events

EVENT	DATE	TIME	LOCATION
Thirsty Thursdays	Every Thursday	4 – 6 PM	PermaFrost Pub
National Library Week	7 – 13 Apr		JBER Library
Willow Snowmachine Trip	Sat 6 Apr	7:30 AM – 5 PM	Outdoor Adventure Program
Wine & Paint	Fri 19 Apr	5:30 – 8 PM	AWEC
Trivia Night	Fri 19 Apr	6 PM	Arctic Oasis
Women in the Wilderness: Hatchets & Heels	Sat 20 Apr	5 – 7 PM	Skeet, Trap & Archery Range
Month of the Military Child Carnival	Fri 26 Apr	6 – 8 PM	Arctic Oasis
Coastal Trail Day Bike Ride	Sat 27 Apr	10 AM – 4 PM	Outdoor Adventure Program



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# JBER Life Bucket List



## MY JBER LIFE! BUCKELIST

Get the most out of your time in the last frontier with these once-in-a-lifetime experiences! Plan your adventures as you explore the state and create lasting memories. Not sure where to begin?

Stop by the Outdoor Recreation Center, Information, Tickets, and Travel, or Pick up a copy of our Outdoor Adventure Guide to see what bucket list times they can help you complete!

We want to see you living your best Alaskan Life!

**MY JBER LIFE! BUCKET LIST**

Get the most out of your time in the Last Frontier with these once-in-a-lifetime experiences! Plan your adventures as you explore the state and create lasting memories. Not sure where to begin? Stop by the Outdoor Recreation Center, Information, Tickets and Travel, or pick up a copy of our Outdoor Adventure Guide to see what bucket list items they can help you complete!

We want to see you living your best Alaskan life! Use #myjberlife when posting on social media and submit photos online: [jberlife.com/bucketlist](http://jberlife.com/bucketlist)

**STAY CONNECTED**  
with your community

**FORCE**  
SUPPORT SQUADRON  
[JBERLIFE.COM](http://JBERLIFE.COM)

## GO.JBER.

- ☐ Take a wildlife safety class
- ☐ Hike Thunderbird Falls
- ☐ Hike FlatTop
- ☐ Camp or rent a cabin at Otter Lake
- ☐ Bike the Coastal Trail
- ☐ See the Northern Lights
- ☐ Ski/Snowboard or go tubing at Hillberg Ski Area
- ☐ Visit Talkeetna
- ☐ Go snowmachining
- ☐ Go ice fishing
- ☐ Ride an ATV
- ☐ Visit the North Pole
- ☐ Visit Chena Hot Springs
- ☐ Ride the Alaska Railroad to Whittier
- ☐ Visit Denali National Park
- ☐ Kayak to Portage Glacier
- ☐ Take an avalanche safety class
- ☐ Go to Fur Rondy
- ☐ Hike Crow Pass
- ☐ Go on a Fishing Charter
- ☐ Visit Seward
- ☐ Go Ice Trekking
- ☐ Go on a Flightseeing Tour
- ☐ Play 18 holes at Moose Run Golf Course
- ☐ Whitewater Raft the Eagle or Matanuska Rivers
- ☐ Fish for salmon or halibut
- ☐ Go berry picking at Hatcher's Pass
- ☐ Ski/Snowboard at Alyeska
- ☐ Try Dip Netting
- ☐ Try Cross Country Skiing
- ☐ Try Gold Panning
- ☐ Bike Bird Pass to Girdwood
- ☐ Go to the Reindeer or Musk Ox Farm
- ☐ Go to the Alaska State Fair
- ☐ Rent a Public-use Cabin
- ☐ Visit the Kennecott Mine
- ☐ Walk to Exit Glacier
- ☐ Attend a hockey game
- ☐ Go to the Arctic Thunder Open House
- ☐ Try Fat Tire biking
- ☐ Visit the Alaska Zoo
- ☐ Try Dog Mushing
- ☐ Go to the Bear Paw Festival
- ☐ Take in the magnificence of the Midnight Sun
- ☐ Visit Kenai Fjords National Park
- ☐ Spot the Big 5 (moose, bear, caribou, dall sheep, & wolf)
- ☐ Visit the Alaska Native Heritage Center
- ☐ Make jams and jellies
- ☐ Go Whale Watching

*My JBER LIFE! Bucket List can be found online at [jberlife.com/bucketlist](http://jberlife.com/bucketlist).  
For more information, call 552-5900*



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# Community Action Council



## 773 FSS/FSY Youth Sports

Joshua Wise  
552-3215



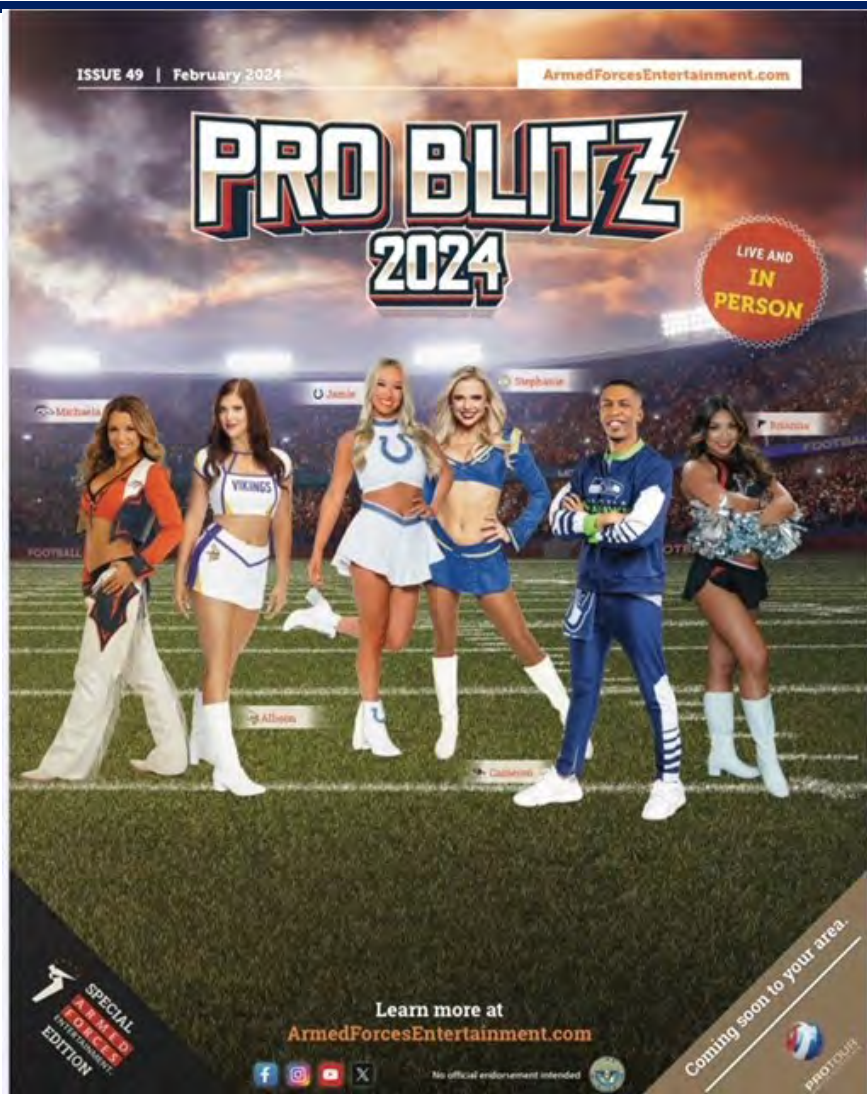
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# PRO BLITZ



- **Pro Blitz 2024**
  - Armed Forces Entertainment Pro Blitz 2024
  - 9 February 2024
  - Community Engagements
    - Unit Visits
    - Lunch Time Meet and Greet @ Base Exchange
    - Youth Cheer Clinic at Kennecott YC – Registered participants (Max 50) ages 8-15



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# Community Action Council



## 773 FSS/FSWO Supervisory Recreation Specialist

Mr. Tim Reidy  
552-5418



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# W.A.Q



- **Warrior Adventure Quest**
  - Available for Active-Duty Army Units
    - Instill Cohesion
    - Build Teamwork
    - Maintain Combat Readiness
    - Experience High Adrenaline Activities
  - Call 552-5418 for more information



**Agile Arctic Combat Support**





# REC ON



- **Recharge 4 Resiliency**
  - **REC ON**
    - **Open to all Active-Duty Service Members with qualified dependents**
    - **Discounted Rates!**
    - **Enhance resiliency of Active-Duty Service Members and their families by providing supervised, high-adrenaline outdoor recreation programs.**



**REC★ON**  
FEED YOUR RUSH



- **Single Airmen Program**
  - **Open to all Single Service Members!**
  - **Discounted Rates!**
  - **Provides morale, welfare and recreational resources that foster a strong culture, mission and sense of community for Single Service Members.**
- **Call 552-5418 for more information**

**SINGLE ★ AIRMAN**



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# Community Action Council



## Black History Month Observation Committee

TSgt Sherita Ariola  
(907) 552-1642



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# African American History Month



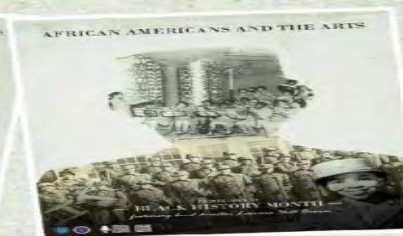
CULTURAL  
AWARENESS

OBSERVANCE



FEBRUARY IS

— BLACK HISTORY MONTH —



## OPENING CEREMONY FOR 2024 AFRICAN AMERICAN/BLACK HISTORY MONTH

GUEST SPEAKER:  
HONORABLE JUDGE PAMELA WASHINGTON

2 FEBRUARY 2024

0800 - 1000

ARCTIC WARRIOR EVENTS CENTER

9387 KUTER AVE

REGISTRATION REQUIRED

BREAKFAST INCLUDED  
BY

**WAFFLES  
AND  
WHATNOT**



POCs: Lykia "Ms Kia" Lorenz [lykia.lorenz.2@us.af.mil](mailto:lykia.lorenz.2@us.af.mil)  
Katrina Osborne [katrina.osborne.2@us.af.mil](mailto:katrina.osborne.2@us.af.mil)



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**CULTURAL  
AWARENESS**



# OBSERVANCE

FEBRUARY IS

— BLACK HISTORY MONTH —



## 2024 AFRICAN AMERICAN/BLACK HISTORY MONTH EVENTS

See below for all the amazing events we have for this month!

### Opening Ceremony/Breakfast

( 2 February 2024 at 0800) Arctic Warrior Event Center

Opening Breakfast for Black History Month. We will go over the different events (themes) being hosted throughout the month, hear from a guest speaker and enjoy a light breakfast

### Culture Show

(9 February 2024 at 1100) Warrior Zone

This will be the opportunity for individuals to experience different Black/ African American Backgrounds There will be light food as well as a cornbread contest

### “Leadership and Equity” Panel

(15 February 2024 at 1500) Army Education Center Bldg. 7 / Room 200

We will have members from across the local area/base to come in and discuss why Equity is important and the differences between Equity and Equality.

### “Inclusion Amongst the Ranks” Panel

22 February 2024 at 1500) Air Force Education Center Bldg. 4109 / Room 208

We will have members from across the base, of all ranks to come in and discuss inclusion in the workplace/military

### “Evening of Elegance” Black Tie Event

(29 February 2024 at 1500) Air National Guard Building

This event will culminate the month and give us the opportunity to showcase different black owned businesses and hear from an amazing guest speaker. **(PAID EVENT)**

Please feel free to reach out to the Observance Committee POC for any questions:

TSgt Sherita Arioll [ta.ariola@us.af.mil](mailto:ta.ariola@us.af.mil)





# Community Action Council



## 673 OMRS Operational Support Team (OST)

(907) 552-1386



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# OST Run Class



## 6 Week Run Class

**Who:** All AD Personnel

**What:** 6 week run class

**When:** First class starts 20 Feb 2024

Group 1 M/W 1200-1300

Group 2 Tu/Th 0700-0800

**Where:** Hangar 5

**Why:** Certified Strength and Conditioning Specialist led workout sessions to prep for fitness testing

**How:** Sign up via email:  
[matthew.a.andreadis.civ@health.mil](mailto:matthew.a.andreadis.civ@health.mil)

**Questions:** Email Coach Matt  
[matthew.a.andreadis.civ@health.mil](mailto:matthew.a.andreadis.civ@health.mil)

Future Classes:

20 Feb – 29 Mar 2024

1 Apr – 9 May 2024

13 May – 20 Jun 2024



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# OST Performance Training Program



- Who: All AD Personnel, any training experience (novice → expert)
- What: Training for high performance
- When: Mon/Wed 0700-0800, Tue/Thu 1200-1300
- Where: Hangar 5 – OST Gym Space
- Why: Certified Strength and Conditioning Specialist led workout sessions for overall fitness and performance
- How: Report to Hangar 5 OST office space
- Questions: Email Coach Matt [matthew.a.andreadis.civ@health.mil](mailto:matthew.a.andreadis.civ@health.mil)



## OST PERFORMANCE TRAINING PROGRAM

- WHO: ALL AD PERSONNEL, ANY TRAINING EXPERIENCE (NOVICE → EXPERT)
- WHAT: TRAINING FOR HIGH PERFORMANCE
- WHEN: MON/WED 0700-0800, TUE/THU 1200-1300 STARTING ON JAN 22!
- WHERE: HANGAR 5 – OST GYM SPACE
- WHY: CERTIFIED STRENGTH AND CONDITIONING SPECIALIST LED WORKOUT SESSIONS FOR OVERALL FITNESS AND PERFORMANCE
- HOW: REPORT TO HANGAR 5 OST OFFICE SPACE
- QUESTIONS: EMAIL COACH MATT [MATTHEW.A.ANDREADIS.CIV@HEALTH.MIL](mailto:MATTHEW.A.ANDREADIS.CIV@HEALTH.MIL)



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# Community Action Council



## JB ER Exchange (AAFES) General Manager

Keola Chan  
552-4222  
chank@aafes.com



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# JBER EXCHANGE



**DON'T LET WINTER RUIN  
YOUR VEHICLE'S INTERIOR**



**Car Wash**

During winter you will get a **FREE Platinum package (\$65.00 Value)** wash when you book for an **Emerald package detail**.

**Total Value  
Package \$235-  
you pay \$170**



**BEFORE**



**AFTER**

**BOOK  
NOW**

Download our App



**949.294.1873**

**Military Clothing & Sales has Pinks & Greens!**  
Send your soldiers to MCS that have graduated basic (between 2021-2023) and did not receive their AGSU to get fitted by one of our Managers. They are completely free of cost to the Service Member (if they did not receive during basic)



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# JBER EXCHANGE



Jeepney's & Popeyes will be at the AVEC on 9<sup>th</sup> Feb in support of African American History Month

Jeepney's Filipino Fusion Food

For inquiries:  
9076022698  
adobogrill.ak907@gmail.com

Our Service:

- Wedding Catering
- Dining Party
- Corporate Event
- Other Event

JEEPNEY FILIPINO FUSION FOOD

FB: Jeepney Filipino Fusion Food

Eligible to children in 1<sup>st</sup>- 12<sup>th</sup> grade. Digital or paper report cards accepted!

EXCHANGE  
**YOU MADE the GRADE**  
you get the REWARDS!

**\$20 REWARDS!**  
Straight **A** students

**\$10 REWARDS!**  
Average **B** students

ENTER FOR A CHANCE TO WIN A  
**\$2,000, \$1,500 OR \$500 REWARDS! GIFT CARD!**  
See an Associate for details and entry forms.

Check out the Bazaar with local vendors Feb 9-10

← JBER →

**VALENTINES**  
*Bazaar*

February 9th - 10th  
Starting at 1000  
Located at the Main Exchange

Shop local vendors for that perfect Valentine's gift!



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# JBER EXCHANGE



## New Customer Experience QR Codes located throughout Main Store

### Request Assistance for Help!



Customer scans QR code with their smartphone to request assistance

Request Assistance

QR Code opens unique URL containing a soft button that the customer presses to request assistance.



Soft button input triggers customer assistance workflow



Associate hears the request with the customer's location, and closes the loop by saying, "Copy that!"

Amy

Customer's smartphone browser lets the customer know who is on the way to assist.

### QR Code - Order Pickup Workflow



Customer scans QR code for Order Pickup



Customer provides pickup location (Curbside or In-store/BOPIS) and order details

- Parking Spot # (Curbside Only)
- Last Name
- First Name



Team member responds to request saying, "Copy that!"



Customer receives delivery update in real-time.



TIVA sends in-ear request to target employee group

Confidential & Proprietary



No action triggered



A 5-star review triggers a recognition notification to the team member who provided assistance.

Customer smartphone browser displays a screen asking to rate their experience with Malik

Automatically triggers a Manager Request based on 1 or 2-star review

Triggers an R&R to target group (Supervisors, Junior/ Senior Mgrs)



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# JBER EXCHANGE



[Shopmyexchange.com](http://Shopmyexchange.com)

TAKE YOUR TAX-FREE SAVINGS FURTHER WITH DISCOUNTED DEALS FROM OUR DESIGNER BRANDS OUTLET NOW ONLINE AT THE EXCHANGE!



ALL SALES FINAL. NO RETURNS OR EXCHANGES.

keep

<div>Best Seller</div> <div></div> <div><div>COACH Corner Zip Wristlet</div><div>Compare at: <del>\$88.00</del> \$30.98 You save: \$57.02 (65%)</div><div>OUTLET: FINAL SALE</div></div>	<div>Best Seller</div> <div></div> <div><div>Coach Outlet Corner Zip Wristlet In Signature Canv.</div><div>Compare at: <del>\$88.00</del> \$30.98 You save: \$57.02 (65%)</div><div>OUTLET: FINAL SALE</div></div>	<div>Best Seller</div> <div></div> <div><div>Coach Outlet Ellie File Bag</div><div>Compare at: <del>\$350.00</del> \$131.13 You save: \$218.87 (63%)</div><div>OUTLET: FINAL SALE</div><div>★★★★★ (0)</div></div>	<div>Best Seller</div> <div></div> <div><div>Coach Outlet Track Backpack In Signature Canvas With Camo Print</div><div>Compare at: <del>\$650.00</del> \$286.01 You save: \$363.99 (56%)</div><div>OUTLET: FINAL SALE</div></div>	<div></div> <div><div>Botkier Warren Leather Hobo Bag</div><div>Compare at: <del>\$298.00</del> \$105.55 You save: \$192.45 (65%)</div><div>OUTLET: FINAL SALE</div></div>	<div>Best Seller</div> <div></div> <div><div>COACH Ellie File Bag</div><div>Compare at: <del>\$350.00</del> \$141.91 You save: \$208.09 (59%)</div><div>OUTLET: FINAL SALE</div><div>★★★★★ (0)</div></div>
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# Community Action Council



## 673 FSS/FSH Military & Family Readiness Center

Ms. Beverly Pineiro

Ms. Christie Rodriguez / Ms. Anthea Acosta

(907) 552-4393 or (907) 384-1517



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# JBER Military Family Life Counselors (MFLC)



**MILITARY & FAMILY  
LIFE COUNSELING**

**MILITARY AND FAMILY LIFE  
COUNSELORS**



**FOR WHEREVER YOU ARE IN LIFE**

Through this program, the DOD makes a commitment to its Service men and women and their families to provide a counseling program that is readily accessible and offers transformative services in support of their life, health, and readiness.

This holistic view ensures Service and family members receive support for:

- **Non-medical counseling**
- **Complex and unique matters of military life such as hazard duty, life on base, life overseas, and being away from home**
- **Children's counseling and childhood education programs**

There's no question that the military lifestyle creates unique challenges – the MFLC program helps Service and family members face these challenges by increasing resiliency and enhancing problem-solving capabilities.

**To speak to a MFLC call: 907-384-1534**



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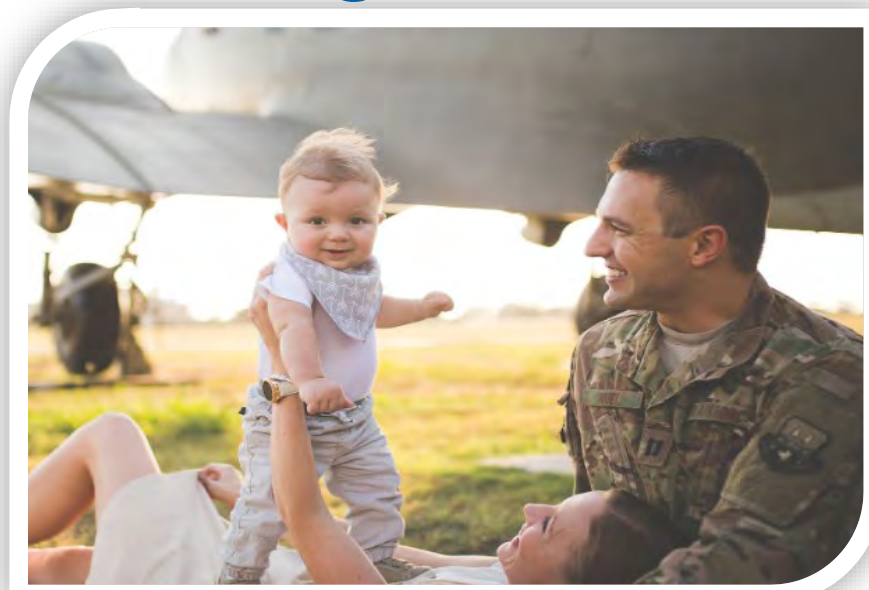




# Military & Family Readiness Center Army Community Services



*Our services span the entire military  
lifecycle from cradle to grave.*



<https://tockify.com/jbermfrc/>



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# Community Action Council



**673 ABW**  
**Customer Service Officer**  
Frank Belton  
(907) 552-3642



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# JBER Connect App



## We have an app!

JBER's one-stop shop for information



From support organizations to places to eat, from a phone directory to events around the installation, JBER Connect is designed to provide all the information you need.



## JBER Connect



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# ICE



## INTERACTIVE CUSTOMER EVALUATION

- [www.jber.jb.mil](http://www.jber.jb.mil) (click on ICE icon)
- <https://ice.disa.mil> (Type in JBER)
- JBER Connect App
- Paper ICE from service providers
- Email [673ABW.CSO.ICE\\_CAC@us.af.mil](mailto:673ABW.CSO.ICE_CAC@us.af.mil)
- Call 907-552-3642
- Bldg.600, 1<sup>st</sup> Floor, next to ATM
- People Center, 1<sup>st</sup> Floor Lobby
- Bldg.7, Education Complex, Entrance Foyer
- Commissary, Main Entrance Foyer
- The Exchange, Main Entrance Foyer
- Boniface & Richardson VCC

### Barracks ICE boxes

- Bldg. 649
- Bldg. 651
- Bldg. 681
- Bldg. 688
- Bldg. 791

### Welcome to the Joint Base Elmendorf-Richardson ICE Site



Service Provider Search

SEARCH

Welcome to the Joint Base Elmendorf-Richardson (JBER) ICE site. Thank you for taking the time to provide us with your feedback, comments, and suggestions. Your timely feedback is an essential element in our effort to continuously improve our services and will help us maintain the quality of excellence you expect.



#### Joint Base Elmendorf-Richardson

Missing Service Provider?  
General Site Comment?

#### External Links

JBER  
<http://www.jber.jb.mil>

JBER FSS Services (Dining, Entertainment, Family, Youth, Travel, Recreation & Fitness)  
<http://www.jberlife.com>

USARAK  
<https://www.army.mil/usarak/>

#### Report

Joint Base Elmendorf-Richardson  
Service Provider Summary Report

List All Services
Acquisition & Supply
Administration
Communications
Dining
Education & Training
Facility Management
Family
Health
Housing
Information Management
Information Technology
Money/Finance
Operational Support
Personnel Services
Recreation
Safety & Security
Shopping & Services
Travel, Transportation, and Parking



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# Community Action Council



## JBER Public Affairs

Where can I find these slides?



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# Community Action Council



## Open Discussion



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# Community Action Council



## Closing Comments



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# Community Action Council



## 673 FSS/FSVF Iditarod Dining Facility Building 8088, JBER-E

TSgt Deanna Kelly, DFAC Manager  
552-3115



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# DFAC Hours



## Hours of Operation

- **Mon – Fri:**
  - Breakfast • 6 – 9 a.m.
  - Lunch • 10:30 a.m. – 1:30 p.m.
  - Dinner • 4:30 – 6:30 p.m.
  - Midnight • 10 p.m. – 12 a.m.
  
- **Sat, Sun, & Federal Holidays**
  - Breakfast • 6:30 – 8:30 a.m.
  - Lunch • 10:30 a.m. – 1:30 p.m.
  - Dinner • 4:30 – 6:30 p.m.
  - Midnight • 10 p.m. – 12 a.m.
  
- **Grab & Go • 6 a.m. – 6:30 p.m, Daily**



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# Specialty Meals



## February Events:

- Union Taco 5 February – 1 March 2024
  - Union Taco provides a wide selection of tacos and small bites that feature global flavors and multiple proteins.
- Mardi Gras Meal on Tuesday, 13 February 2024
  - Chicken Gumbo Soup
  - Creole Baked Cod
  - Cajun Chicken
  - Cajun Gravy
  - Red Beans and Rice
  - Old Bay Roasted Potatoes
  - Okra, Corn, Tomatoes & Bacon
  - Country Style Cabbage
  - Oven Roasted Carrots
  - Assorted Pies
  - Assorted Cakes



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# Community Action Council



## 673 ABW/SEG Occupational Safety

Mr. McHenry  
552-6850



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# Winter Safety



## Cold Weather Injury Prevention

### Dress for Conditions:

- Make sure your gloves, coats, hat, and boots are in good condition before going outside
- Dress in loose layers

### Have a Plan:

- Plan how long you want to be outside and stick to your plan
  - Ensure someone knows when you will return
- Know the hazards of where you'll be going (frozen ponds, windy areas, etc.)

### Enhance Skills:

- Take a winter survival course
- Know how to recognize and treat hypothermia and frostbite



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# Ski and Snow Safety



## Ski & Snowboard Safety

### Hone Safety Skills:

- Ski with someone – Buddy system
- Stay on the trails – **DO NOT** go out of bounds
- Get/stay in shape, stretch out
- Knock the rust off – take a lesson
- Know weather conditions
- Yield right of way
- Stop on the sides not in the middle of slope
- Look both ways and uphill before crossing trails or merging
- Dress in layers – consider a helmet
- Have equipment professionally fitted/adjusted
- Have fun!



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# Community Action Council



## 673 ABW/HC Installation Chapel Team

Chaplain Colonel Brian Anderson

Chaplain (MAJ) Robert Davis

(907) 552-JROC (5762)

Bldg 4984



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# Marriage Retreat



## Marriage Retreat

AT ALYESKA RESORT



16 -17 February 2024  
Overnight Retreat  
Friday 1600-1830/Saturday 0730-1400  
18 couples  
Room & Meals Provided/NO Childcare Provided

POCS: Ch Richardson & TSgt Mcdaniel  
Questions: 907.552.5762  
Email: kevin.mcdaniel.7@us.af.mil

"Neither the Department of the Air Force nor the unit endorses the product(s), or organizational entity."



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# JBER Community

## Upcoming Holy Day Observances



### UPCOMING HOLY DAY OBSERVANCES JBER Chapel Community

#### Catholic Community

13 Feb	Mardi Gras Pancake Dinner	1700	Arctic Warrior Chapel
14 Feb	Ash Wednesday	1145/1700	Arctic Warrior Chapel
	Stations of the Cross <u>every Friday</u> during Lent	1700	Arctic Warrior Chapel
28 Mar	Holy Thursday Mass	1700	Arctic Warrior Chapel
29 Mar	Good Friday	1700	Arctic Warrior Chapel
30 Mar	Easter Vigil Mass	2000	Arctic Warrior Chapel
31 Mar	Easter Mass w/ Egg Hunt following	0900	Arctic Warrior Chapel

#### Protestant Community

13 Feb	Shrove Tuesday Pancake Dinner	1700	Heritage Chapel
14 Feb	Ash Wednesday	1130 1530	Heritage Chapel Arctic Warrior Chapel
14 Feb	Ash Wednesday	0630/ 1830	JBER Hospital Chapel
29 Mar	Good Friday	1500	Arctic Warrior Chapel
31 Mar	Easter Sunrise Service	0730	Otter Lake Lodge
	Traditional Service	1100	Heritage Chapel
	Contemporary Service	1100	Arctic Warrior Chapel

#### Muslim Community

10 Mar	Ramadan Begins Observed daily through 9 Apr	2000	Arctic Warrior Chapel
Fridays	Salaat al Maghrib & Iftar	2000	Arctic Warrior Chapel
10 Apr	Salaat al `Eed (Festivity Prayer)	0800	Arctic Warrior Chapel

#### Jewish Community

21 Mar	Fast of Esther
23-24 Mar	Purim
22-30 Apr	Passover
22 & 23 Apr	Passover Seders

Check local synagogues for services or contact JROC's Jewish Lay Leader

#### Alliance of Military Heathens

27 Apr Sigrblot Feast

1300-1600-Potluck Feast  
Midnight Sun Chapel

For more information or assistance connecting to faith groups in the community, contact the JBER Religious Operations Center at (907) 552-5762.



cao: 10Jan24



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# Community Action Council



## **Military Society of Model Railroad Engineers**

**Randy “Bj” Bjorgan**  
**President**

**Gerald Forsyth**  
**Vice President**

**[msmrre@gmail.com](mailto:msmrre@gmail.com)**

**[facebook.com/msmrre](https://facebook.com/msmrre)**



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# MSMRRE



## Military Society of Model Railroad Engineers

Home of the *North Star Railroad Empire* located in  
Matanuska Hall, Building 7153 on Fighter Drive,  
East End Basement Rooms

**Regular Operating Hours:**

**Tuesdays: 1900 hrs. to 2130 hrs.**

**Saturdays: 1300 hrs. until you go home**

**Club is available 24 / 7 for members**

**~ Volunteer hours available for non-members ~**



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# MSMRRE



Open House ~ Dec 16<sup>th</sup>  
10:00 a.m. to 5:00 p.m.

Visitors are always welcome  
anytime.

*Come, see, participate and enjoy the  
wonderful world of model railroading.  
The best way to use up these long  
winter nights that are here!*



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# North Star Railroad Train Sizes



A "G" Scale : 1/29 layout is now under construction.



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# North Star Railroad Scenery



Various scenes from four of our eleven permanent or portable layouts.



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# **Help Wanted:**



- 1. Social Media Director**
- 2. I.T. Director**
- 3. Assistant Librarian**
- 4. Stockroom Attendant**
- 5. Tool Room Organizer**
- 6. Artistic Painters**
- 7. Model City Planners**
- 8. Model Builders**
- 9. Model Landscapers**



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# USO



## USO Alaska

**Center is open 1300-1900 daily – gym is open 24/7**

For support requests, contact Cheryl Warner – [chwarner@uso.org](mailto:chwarner@uso.org)

Senior Southern Operations Program Manager

### **Would you like to volunteer?**

Please go to [volunteers.uso.org](http://volunteers.uso.org) to get started

Or contact Barb Knaak - [Bknaak@uso.org](mailto:Bknaak@uso.org)

**Please follow us on Facebook for program event announcements, such as dinners, craft events and holiday activities. Facebook@USOAlaska**



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# Community Action Council



## Alaska Veterans Museum Executive Director

Lt Col (USAF Ret) Bob Sherrill

AVM 907-677-8802

Cell 253-625-8691



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# Your Alaska Veterans Museum



- Create a world-class museum to preserve and interpret weapons, uniforms and artifacts for the inspiration, remembrance & preservation of veterans.
- Educate the public on Service men and women's operations, sacrifices and stories. Research library available.
- Support our Active Duty, Guard, Reserves and Veterans
- "Alaska Veterans" book by author Col Suellyn Wright Novak on stories within the museum. All proceeds donated to the museum.
- Winter Hrs: Wed-Sat 10am-5pm; Summer hrs Mon-Sat 10am-5pm
- 411 West 4th Ave, Suite 201, Anchorage (Yellow Sunshine Mall)
- Free days: Memorial, 4th of July, Patriot's & Veterans Entrance \$5;
- Group Tours - (907) 677- 8802 or 813-545-6957 (Jann)
- AVM is a 501c (3), EIN 03-0382080; donations on our website.
- [www.alaskaveterans.org](http://www.alaskaveterans.org); [contact@alaskaveterans.org](mailto:contact@alaskaveterans.org)
- Website on-line 360 tour, better yet docent tours: contact us



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